



COMMUNITY connections

Get Connected to Community Resources for Adults, Children and Families

What is COMMUNITY connections?

- It's a FREE program offering connections to community resources for adults, children, and families, regardless of household income.
- Services are provided in person (home or other convenient location) and over the phone.
- Services are delivered by a Community Health Worker, a Registered Nurse as needed, and/or a Social Worker
- Services are available in English and Spanish

How do I contact COMMUNITY connections?

You may be referred by a physician, community organization, or you can call one of the numbers below:

HUB	COUNTIES	NUMBER
District Health Department #10 HUB	Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, Wexford	1-888-217-3904 (select option #3)
Grand Traverse Regional HUB	Benzie, Grand Traverse, Leelanau	1-833-674-2159
Northwest Michigan HUB	Antrim, Charlevoix, Emmet, Otsego	1-800-432-4121
District Health Department #4 HUB	Alpena, Cheboygan, Montmorency, Presque Isle	1-800-221-0294

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How does COMMUNITY connections help adults, children and families?

Individuals will get help with navigating community resources, such as:

- Finding a doctor, dentist, or counselor
- Finding transportation resources
- Enrolling in health insurance
- Finding food or a place to live
- Assisting with changes that you decide to make to be healthy, such as quitting or cutting down on smoking, alcohol, or drugs
- Finding education and training programs, such as GED education classes
- Finding employment opportunities
- Finding heat and electricity resources

What our clients are saying...

"I felt like I finally had an advocate, some support. I talked to a lot of people before and I felt like I had no support."

"She was like a great guidance counselor. She helped me with, probably, some questions she's never heard before. It was like I was talking to a friend."

"She always followed-up, we were talking once or twice a week. She would set up times to call. I think that was hugely beneficial."

"I was able to contact her by phone, text and e-mail. Really easy to get a hold of her in multiple ways, and that was really nice."

"One thing that was special is that she would come to my house and explain things to me and keep me informed on the progress of what we were doing."

